

## Other Quality Services provided by Clay County Health Department

- ◇ Hospice
- ◇ Blood Pressure Screening
- ◇ Blood Sugar Testing
- ◇ A1C Testing
- ◇ Cholesterol Clinics
- ◇ Immunization Clinics
- ◇ Flu/Pneumonia Clinics
- ◇ Water Testing
- ◇ Food Sanitation
- ◇ Private Sewage Inspection
- ◇ Sewage and Nuisance
- ◇ Developmental Screening
- ◇ Healthy Families Illinois
- ◇ WIC
- ◇ High Risk Baby Visits
- ◇ Pregnancy Testing
- ◇ Senior Exercise Program
- ◇ Breastfeeding Support
- ◇ Lead Screening

**Your needs are our Top Priority!**

**Guaranteed First-Class  
Home Care**

*24 Hours a Day / 7 Days a Week*

### Why Choose Clay County Home Health?

Many agencies offer home health services, also known as visiting nurse association (VNA) type services. Clay County Home Health is one of these types of agencies. All of these agencies have many similarities and a few differences.

Like most of the other agencies, we have a well-trained and highly competent staff that truly cares about their patients. Unlike the other agencies, Clay County Home Health is an integral part of the Clay County Health Department. The Clay County Health Department is a county agency that provides a variety of health services to Clay County residents, both young and old.

Revenue generated from Clay County Home Health helps in meeting the operation costs in providing these other health services that the health department provides.

Although other agencies are licensed to provide home health services in Clay County and may even have offices in Clay County, Clay County Home Health is the only Clay County based home health agency. State and Federal revenue generated from making visits to you will be brought into Clay County. Almost all of this will then be spent and re-spent in Clay County, having a very positive effect upon its economy.

By choosing Clay County Home Health, not only will you be obtaining excellent services from a caring, highly competent staff, you will also be bolstering the local economy by bringing state and federal monies back into Clay County.

***Peace of Mind!***

# Clay Home Health

*Services*

***Providing Quality Care for nearly 50 Years!***



*“A trusted provider of home care services that are tailored to meet your individualized needs”*

**(618) 662-4406 or (800) 544-4406**

601 East Twelfth Street,  
Flora, Illinois 62839

Fax (618) 662-2801 \* [www.healthdept.org](http://www.healthdept.org)

**Clay County  
Health Department**

**Serving Clay, Effingham, Jasper, Marion,  
Richland, & Wayne Counties**

***Request the Best.***

## What Is Home Health Care?

Home health care is an effective and affordable program in which a medical professional provides skilled care in the convenience of your own home. Registered Nurses, Therapists, C.N.A.'s, and Medical Social Workers are available to provide a wide range of services under the guidance of your physician. These HomeCare professionals provide the best possible care to allow you or a loved one to safely remain independent in your home or transition back after a hospital or skilled nursing stay.



## Who Is Eligible for Home Health Care?

Anyone of any age or income status...

- Under a physician's care,
- In need of intermittent, not continuous
  - \* Skilled nursing
  - \* Physical therapy
  - \* Speech-language pathology services
- Instructed by the ordering physician that you are homebound.

*Homebound rules vary depending on your pay source. The definition "homebound" does not mean you can never leave your home. Please call our office for more specific details.*

## Who pays for Home Health Services?

We bill Medicare, Medicaid, private insurances, Veteran's benefits & privately.

## We Specialize In:

### **Skilled Nursing**

- Vital signs and monitor of oxygen saturation
- Obtain labs and transport to facility
- IV therapy-care of line and educate on self administration
- Diabetic Education-diet, medications, accu-check
- Ostomy care and education
- Catheter- changing of catheter and teach self care of
- Wound care and Skin care
- Injections and Medication education
- Cardiac education—weight, diet, activity

### **Home Health Aide Care**

- Personal Care
- Bathe-shower, bedside, bed bath
- Shampoo
- Oral hygiene
- Skin care
- Nail Care

### **Physical Therapy**

- Vestibular and balance training
- Therapeutic Exercise
- Manual Therapy
- Gait and Transfer Training
- Muscle strengthening exercise
- Establishment of home exercise program

### **Occupational Therapy**

- Small muscle rehabilitation
- Increased independency with activities of daily living such as feeding, grooming, writing and other hand coordination

Highly qualified registered nurses and certified nursing assistants with 25+ years of experience and a therapy team directed by a doctor of physical therapy.

## **Speech Therapy**

- Vital stem
- Assist with speaking and understanding others
- Identify thought/memory deficit

## **Medical Social Worker**

- Counsels and assists patients with concerns/needs such as finances, legal needs, housing, transportation, etc.
- Makes referrals to community resources to assist patients with social needs.

*Quality care from our heart to your home!*

## Patient Quotes

"I was well pleased with all the help I had. They treated me wonderful." -B.G.

"Thank you for your splendid help. Words cannot describe the wonderful care you all gave me after my heart surgery." -E.S.

"It gave me peace of mind knowing I could call anyone, day or night, if we had a problem." -W.H.

## **How Can I Receive Home Health Care?**

- You or a family member can call our office to request more information.
- Ask your physician or nurse to give us a call and make a referral.
- If you are hospitalized or receiving inpatient rehab care request our services from the Discharge Planner.
- Community Resource Agencies can make a referral.

*Perhaps, the easiest way is to give us a call! (800) 544-4406*