

**Other Quality Services  
provided by  
Clay County  
Health Department**

- ◇ Hospice
- ◇ Blood Pressure Screening
- ◇ Blood Sugar Testing
- ◇ A1C Testing
- ◇ Cholesterol Clinics
- ◇ Immunization Clinics
- ◇ Flu/Pneumonia Clinics
- ◇ Water Testing
- ◇ Food Sanitation
- ◇ Private Sewage Inspection
- ◇ Sewage and Nuisance
- ◇ Developmental Screening
- ◇ Healthy Families Illinois
- ◇ WIC
- ◇ High Risk Baby Visits
- ◇ Pregnancy Testing
- ◇ Senior Exercise Program
- ◇ Breastfeeding Support
- ◇ Lead Screening

**Your Needs are Our Top Priority!**

**When You Need Home Care,  
The Choice Is Always Yours**

**The Federal Government guarantees your right to choose a home care provider to help you at home.**

**The hospital is required to provide you with a list of agencies from whom you may choose to receive home care.**

**You can choose the Home Care Agency that you wish. You just need to let your provider or discharge planner know your choice.**

**The Choice is Yours.  
*Request the Best.***

**So Why Choose Clay Home Health Services?**

**Guaranteed First-Class  
Home Care  
24 Hours a Day / 7 Days a Week**

**Clay County  
Health Department**  
*Better Care, Better Health, Better Living*

*Clay*  
**Home Health**  
*Services*

**Providing Quality Care for nearly 50 Years!**



*"A trusted provider of home care services that are tailored to meet your individualized needs"*

**(618) 662-4406 or (800) 544-4406**

**601 East Twelfth Street,  
Flora, Illinois 62839**

**Fax (618) 662-2801 \* [www.healthdept.org](http://www.healthdept.org)**

**Serving Clay, Effingham, Jasper, Marion,  
Richland, & Wayne Counties**

***Request the Best!***



## What Is Home Health Care?

Home health care is an effective and affordable program in which a medical professional provides skilled care in the convenience of your own home. Registered Nurses, Therapists, C.N.A.'s, and Medical Social Workers are available to provide a wide range of services under the guidance of your physician. These HomeCare professionals provide the best possible care to allow you or a loved one to safely remain independent in your home or transition back after a hospital or skilled nursing stay.



## Who Is Eligible for Home Health Care?

Anyone of any age or income status...

- Under a physician's care,
- In need of intermittent, not continuous
  - \* Skilled nursing
  - \* Physical therapy
  - \* Speech-language pathology services
- Instructed by the ordering physician that you are homebound.

*Homebound rules vary depending on your pay source. The definition "homebound" does not mean you can never leave your home. Please call our office for more specific details.*

## Who pays for Home Health Services?

We bill Medicare, Medicaid, private insurances, Veteran's benefits & privately.

## We Specialize In:

### **Skilled Nursing**

- Vital signs and monitor of oxygen saturation
- Obtain labs and transport to facility
- IV therapy-care of line and educate on self administration
- Diabetic Education-diet, medications, accu-check
- Ostomy care and education
- Catheter- changing of catheter and teach self care
- Wound care and Skin care
- Injections and Medication education
- Cardiac education—weight, diet, activity

### **Home Health Aide Care**

- Personal care
- Bathe-shower, bedside, bed bath
- Shampoo
- Oral hygiene
- Skin care
- Nail care

### **Physical Therapy**

- Vestibular and balance training
- Therapeutic exercise
- Manual therapy
- Gait and transfer training
- Muscle strengthening exercise
- Establishment of home exercise program



### **Occupational Therapy**

- Small muscle rehabilitation
- Increased independency with activities of daily living such as feeding, grooming, writing and other hand coordination

### **Speech Therapy**

- Vital stem
- Assist with speaking and understanding others
- Identify thought/memory deficit

Highly qualified registered nurses and certified nursing assistants with 25+ years of experience and a therapy team directed by a doctor of physical therapy.

## **Medical Social Worker**

- Counsels and assists patients with concerns/needs such as finances, legal needs, housing, transportation, etc.
- Makes referrals to community resources to assist patients with social needs.

***Bridging the Gap between Sickness and Health.***

### **Patient Quotes:**

"It gave me peace of mind knowing I could call anyone, day or night, if we had a problem." -W.H.

"I must say that the Home Health Care I received from this agency was exceptional, and it was a big factor in my rapid health recovery and physical well being." W.R.

"Thank you for your splendid help. Words cannot describe the wonderful care you all gave me after my heart surgery." -E.S.

"I have always found Clay County Health Department Home Health Care to be an exemplary service, which provides not only excellent care, but also great peace of mind, knowing they can be called upon and that they can provide a great liaison between patient advocate." R.F.

"The Physical therapist, health nurse, and bath aide were all very professional and kind. This makes the 4th time I have used the services of Clay County Health Dept. Both knees replaced, complete shoulder joint, and lower back surgery with complications." M.G.

### ***How Can I Receive Home Health Care?***

- You or a family member can call our office to request more information.
- Ask your physician or nurse to give us a call and make a referral.
- If you are hospitalized or receiving Inpatient rehab care request our services from the Discharge Planner.
- Community Resource Agencies can make a referral.

Perhaps, the easiest way is to give us a call!  
**(800) 554-4406**